

Dr. Andrew Iverson, Biography

About the Author (short): Dr. Andrew Iverson's medical expertise lies in the fields of nutritional medicine, pH balance, and detoxification through the use of botanical medicine, hydrotherapy and fasting a collection of treatments known as "Nature Cure." Mentored by a classical naturopath at a young age, he went on to obtain a degree in biopsychology at the University of Washington, in medical botany from Dr. Christopher's School of Natural Healing, and a doctorate from the National College of Naturopathic Medicine in, Portland Oregon. He has also exchanged healing traditions with native practitioners in Central and South America, Australia, Europe, India and Africa. He is the founder and director of Tacoma Health, in Tacoma, WA and the author of *Nature's Diet*, *Nature's Diet Cookbook & Meal Planner*, and *Nature's Detox*. (www.TacomaHealth.net)

About the Author (long): Dr. Andrew Iverson's medical expertise lies in the fields of nutritional medicine, pH balance, and detoxification through the use of botanical medicine, hydrotherapy and fasting a collection of treatments known as "Nature Cure." At an early age he had the rare privilege to be mentored by a classical naturopath who taught him the art of natural medicine. He worked side-by-side this teacher for many years while obtaining his undergraduate degree in biological psychology from the University of Washington. Dr. Iverson continued to pursue degrees in medical botany from Dr. Christopher's School of Natural Healing and later earned his doctorate from the National College of Naturopathic Medicine in Portland, Oregon.

Dr. Iverson has outreached to the disadvantaged in some of the poorest villages in the world from Honduras, Nicaragua, Guatemala, Panama, and Colombia to Romania, India and West Africa. Under some of the most impoverished conditions he has treated sick patients and taught local people about the importance of nutrition and how to use local plants as home remedies. He also has been a huge promoter of teaching local practitioners some of the techniques he uses in his own clinic such as orthopedic adjustments, acupressure and meridian therapies, magnetic field and pulse therapies, kinesiology and homeopathy so they may extend these techniques to their own needy populations.

Dr. Iverson has learned extensive plant medicine from renowned American and European Herbalists which he applies in his own clinic. His knowledge has been accentuated by having the rare privilege to work with native people exchanging knowledge on herbal treatments around the world. Some of his outdoor classrooms have lead him to native healers from aboriginal tribes of Australia's outback, the Andes mountains in Peru, the remote jungle villages in Ghana and the Amazons, and a tribal curandero from the Kuna islands of Panama.

Dr. Andrew Iverson is the founder and director of TACOMA HEALTH, a successful holistic health clinic in Tacoma, Washington. (www.TacomaHealth.net)